

# Veterans Seniors and Caregivers

## *FREE Healthy Living Workshop*

*June 23, 2016, 1:30 p.m. to 4:30 p.m.*

*WorkSource, Cascade Room, 1300 Sylvan Way, Bremerton, WA*

### **Presentation on Medication Management & Information and Resources to support you!**

- ~ **FREE Pill Organizers**
- ~ **Medicare Options**
- ~ **Long Term Care Services**
- ~ **Veteran Services**
- ~ **Nutrition Services**
- ~ **Caregiver Support**
- ~ **Legal Resources**

*Refreshments provided!  
Space is limited ~  
Please arrive early!*

**Includes Handouts  
and  
Question &  
Answers Session**



**Presented by Kitsap County  
Division of Aging & Long Term Care  
Senior Information & Assistance  
Veterans Advisory Board**