

Olympic Peninsula

- 1 Support Groups
 - Bremerton Brain Injury support Group
 - Sequim Support Group
- 1 Vet Centers/VAMC/Etc
 - North Olympic Peninsula CBOC
 - Grays Harbor Brain Injury Support Group
 - Silverdale Support
 - Bremerton CBOC
- 2 Behavioral Health
 - Peninsula Behavioral Health
 - Robert Holt, LMHC
 - Jody Stewart, MA, LMHC
- 2 Service Officer-Benefits Specialist
 - Washington State Department of Veterans Affairs (Seattle office)
 - Peninsula Behavioral Health
 - Mental Health Professionals, LLC
 - Jody Stewart, MA, LMHC
 - Washington State Department of Veterans Affairs

South Western Washington

- 3 Support Groups
 - Cowlitz Brain Injury Support Group
- 3 Vet Centers/VAMC/Etc
 - VA Northwest Network
- 3 Behavioral Health
 - Robert Holt, LMHC
 - Vancouver Support Group
 - Vancouver Division of VA Portland Health Care System
 - Sarah J. Getman, M.A., CTSS, LMHC, NCC
- 4 Service Officer-Benefits Specialist
 - VFW Service Office

Tacoma to Vancouver Area

- 4 Support Groups
 - Lewis County
 - Vancouver Support Group
 - Olympia Brain Injury Support Group

- 5 Vet Centers/VAMC/Etc
 - VA Northwest Network
 - South Sound CBOC (Sterling Medical)
 - Federal Way CBOC (Valor Healthcare)
- 5 Behavioral Health
 - Darlene Tewault, M.A., LMHC
 - Tacoma Vet Center
 - American Lake VAMC
 - Federal Way Vet Center
 - Keith Meyer, M.S., LMHC
 - Dan Comsia, M.A., M. Div., LMHC
 - Christian Alexander, M.S., LMHC
- 6 Neuropsychology
 - Neurobehavioral Health Associates, PLLC
 - St. Peter Family Medicine
 - John Castele, LMFT
 - Diana Hunter, M.A., LMHC
 - Olympic Psychology Services
- 7 Service Officer-Benefits Specialist
 - Washington State Department of Veterans Affairs
 - Military Order of the Purple Heart
 - American Legion Service Officer at American Lake
 - American Legion Service Officer JBLM
 - African American Post-Traumatic Stress Disorder
 - National Association for Black Veterans, Inc.
 - VFW Service Office
 - WestCare Lewis County Navigator

Seattle Area

- 8 Support Groups
 - Bellevue/Eastside
 - Brain Injury Networking Group
 - Puyallup Support Group
 - Everett/Snohomish County Brain Injury Support Group
 - Puyallup Caregiver Support Group
 - Seattle Brain Injury Caregiver Alliance
 - Seattle Free Gentle Yoga for People with Traumatic Brain Injuries

Swedish Medical Center Cherry Hill Campus
West Seattle/Alaska Junction Brain Injury Support Group
Seattle Buckley's in Belltown (was Two Bells Tavern)
Harborview Medical Center
Seattle Wallingford TBI Survivors-Mild TBI Survivor Group
Tacoma Brain Injury Support Group

10 Vet Centers/VAMC/Etc

Seattle VAMC
North Seattle CBOC (Valor Healthcare)
Tacoma Caregiver Matters
Bellevue CBOC (Valor Healthcare)
Seattle Vet Center

11 Behavioral Health

Diane Adams, Ph.D
Christian Alexander, M.S., LMHC
Dan Comsia, M.A., M. Div., LMHC
Autumn del Fierro, Ph.D.
Akers Counseling
John Castele, LMFT
Wendy David, Ph.D.
Eastside Psychological Associates
Eastside Psychological Associates
Matthew Jakupcak, Ph.D.
Dan Comsia, M.A., M. Div., LMHC
Kane & Associates
Eastside Psychological Associates
Matthew Jakupcak, Ph.D.
Wendy David, Ph.D.
Sam Schwartz Landrum, MSW, LICSW
Ronald Lowell, MSW, LICSW
Michael J. Phillips, Psy.D.
The Veteran Advisor
Laura Takacs, MSW, LICSW
Terry O'Neil, Ph.D.
Jack Ringel, LICSW
Ström Counseling
Valley Cities Counseling
Valley Cities Counseling

Valley Cities Counseling
Valley Cities Counseling

14 Neuropsychology

Neuropsychological Assessment Services at Harborview
Valley Cities Counseling
Valley Cities Counseling
Karen M. Sanders, PhD., ABPP, Board Certified Neuropsychologist
Swedish/Cherry Hill Campus

15 Service Officer-Benefits Specialist

Washington State Department of Veterans Affairs (Seattle office)
Veterans of Foreign Wars (VA Regional office)
The American Legion (VA Regional office)
NW Hospital Campus/UW Medicine
Military Order of the Purple Heart (VA Regional office)
Vietnam Veterans of America (VA Regional office)
African American Post-Traumatic Stress Disorder (VA Regional office)
Disabled American Veterans (VA Regional office)

Everett to Bellingham Area

16 Support Groups

Bellingham Brain Injury Support Group
Edmonds – Swedish Brain Support Group
Skagit Valley
Whidbey Island – Coupeville

17 Vet Centers/VAMC/Etc

Mount Vernon CBOC
Stanwood - Camano Island-North Snohomish County
Bellingham Vet Center
Everett Vet Center

18 Behavioral Health

Laurie Akers, M.A., LMHC

18 Service Officer-Benefits Specialist

VetCenter Bellingham
Vietnam Veterans of America
Bridget C. Cantrell, Ph.D.
Veterans of Foreign Wars

North Central Washington

- 19 Vet Centers/VAMC/Etc
Tonasket RHC
- 19 Behavioral Health
Jodie Field, MS, LMHC
- 19 Service Officer-Benefits Specialist
Okanogan County Veterans Services
Central Washington Veterans Counseling

Central Washington

- 20 Support Groups
Moses Lake
- 20 Vet Centers/VAMC/Etc
Yakima Community Based Outpatient Clinic (CBOC)
- 20 Behavioral Health
Central Washington Veterans Counseling
Yakima Valley Vet Center
Roberto Valdez, Ph.D.
- 21 Service Officer-Benefits Specialist
Grant County Veterans Service Officer

South Central Washington

- 21 Support Groups
TriCities – Traumatic Brain Injury Support Group
- 21 Vet Centers/VAMC/Etc
Jonathan M. Wainwright Memorial VA Medical Center
Kittitas County Veterans Coalition
Wenatchee Stroke and Brain Injury Group
Walla Walla VA Medical Center
- 22 Behavioral Health
Center for Counseling & Psychotherapy
- 22 Service Officer-Benefits Specialist
Vietnam Veterans of America Service Officer
WestCare Benton/Franklin Navigator
Klickitat County Veteran Service Officer
Goodwill Veteran Benefit Services / Vietnam Veterans of America
Klickitat County Veteran Service Officer

North Eastern Washington

- 23 Support Groups
 - Survivors support group
 - Stevens County TBI Support Group
- 23 Vet Centers/VAMC/Etc
 - Colville RHC
 - Caregiver support group
- 23 Behavioral Health
 - Clark Ashworth, Ph.D.

Central Eastern Washington

- 24 Support Groups
 - Brain Injury Self Development TBI Advocacy Club & Leadership
 - Spokane Family & Care Giver Brain Injury Support Group
 - TBI/PTSD Veterans Fellowship
 - Spokane County Brain Injury Support Group
 - BIAWA Spokane TBI Social Group
 - Spokane TBI Survivor Support Group
 - Spokane Living Well — TBI Support Group for Students
- 25 Vet Centers/VAMC/Etc
 - Spokane Vet Center
- 25 Behavioral Health
 - Dennis Pollack, Ph.D.
 - Mann-Grandstaff VA Medical Center
 - Jack Stell, LMFT, CDP
- 26 Service Officer-Benefits Specialist
 - American Legion Service Officer Spokane

South Eastern Washington

- 26 Support Groups
 - Pullman — People First of Palouse
- 26 Behavioral Health
 - Roberto Valdez, Ph.D.
 - Military Order of the Purple Heart
 - Quad Cities
 - Outpatient Treatment for Veterans and Their Families

OLYMPIC PENINSULA

Support Groups

Bremerton Brain Injury support Group

Janice Worman OTR/L

St Paul's Episcopal Church

700 Callahan DR

Bremerton, WA 98310

Kitsap County

360-744-8980

The group meets in the main level meeting room

Grays Harbor Brain Injury Support Group

Barb George

Emerson Manor

703 Simpson Ave

Grays Harbor, WA 98550

Grays Harbor County

360-281-5332

barbmgeorge@gmail.com

Meets 1st and 3rd Thursdays
from 12:00–2:00pm

Sequim Support Group

Lloyd and Luanne Huff

Sequim/Port Angeles, WA

Clallam County

360-928-207

lloyd-huff@q.com

Contacts are available for phone
or e-mail support.

Silverdale Support

Janice Worman OTR/L

Harlow Medical Center

1780 NW Myhre Road

Silverdale, WA 98383

Kitsap County

360-744-8980

2nd Thursday of each month 3:00–4:30pm.
Use the flagpole entrance, the group meets
in the Iris Room.

Vet Centers/VAMC/Etc

North Olympic Peninsula CBOC

1114 Georgeiana ST

Port Angeles, WA 98362

Clallam County

360-565-7420

Bremerton CBOC

925 Adele Ave

Bremerton, WA 98312

Kitsap County

360-473-3040

OLYMPIC PENINSULA (continued)**Behavioral Health****Peninsula Behavioral Health**

490 North 5th Ave
Sequim, WA 98382
Clallam County

360-681-0585

Peninsula Behavioral Health

118 East 8th Street
Port Angeles, WA 98362
Clallam / Jefferson Counties

360-457-0431

Robert Holt, LMHC

1210 Madison St.
Aberdeen, WA 98520
Pacific /Grays Harbor Counties

360-532-4201

Mental Health Professionals, LLC

1620 Olympia Hwy North
Shelton, WA 98584
Mason/Kitsap Counties

360-462-3320

Jody Stewart, MA, LMHC

820 Pacific Avenue, STE 201
Bremerton, WA 98337
Kitsap County

360-620-3722

Jody Stewart, MA, LMHC

1050 NE Hostmark St, STE 201 C
Poulsbo, WA 98370
Kitsap County

360-620-3722

Service Officer-Benefits Specialist**Washington State Department of
Veterans Affairs (Seattle office)**

1141 Beach Drive East, Building 9
Port Orchard, WA 98378
Kitsap County

360-895-4371

Monday – Friday, 8:30AM – 4:30PM

**Washington State Department of
Veterans Affairs**

1141 Beach Drive East, Building 9
Port Orchard, WA 98378
Kitsap County

360-895-4371

Monday – Friday, 8:30AM – 4:30PM

SOUTH WESTERN WASHINGTON

Support Groups

Cowlitz Brain Injury Support Group

Carla Whitson

DSHS Office
305 Pacific Avenue, Suite B
Kelso, WA
Cowlitz County

360-991-4928
arlajow@biawa.org

Second Thursday of each month
11:30am – 12:30pm

Vancouver Support Group

Carla Jo Whitson

Legacy Salmon Creek Medical Center
2211 NE 139th Street
Vancouver, WA 98686
Clark County

360-991-4928
arlajow@biawa.org

Third floor, conference room "A"
2nd & 4th Thursday of each month from
2:00pm – 3:00pm

Vet Centers/VAMC/Etc

VA Northwest Network

1601 E 4th Plain Blvd
Vancouver, WA 98661
Clark County
360-619-5925

Vancouver Division of VA Portland Health Care System

1601 E 4th Plain Blvd
Vancouver, WA 98661
Clark County
360-759-1901

Behavioral Health

Robert Holt, LMHC

1210 Madison St
Aberdeen, WA 98520
Pacific /Grays Harbor Counties

360-532-4201

Sarah J. Getman, M.A., CTSS, LMHC, NCC

1338 Commerce Ave #308
Longview, WA 98632
Clark/Cowlitz Counties

360-578-2450

SOUTH WESTERN WASHINGTON (continued)**Service Officer-Benefits Specialist****VFW Service Office**

1603 E, 4th Plain Blvd
Building #15, Room 112-B
Vancouver, WA 98660
Clark County
360-696-4583

TACOMA TO VANCOUVER AREA**Support Groups****Lewis County**

Larry Carroll or Ann Grabhorn

360-864-4341
360-983-3166

For meeting location, please call.
1st Tuesday, 5:00pm — game night.

Olympia Brain Injury Support Group

Suzann

Providence St Peter Hospital
413 Lily Rd NE
Olympia, WA 98506
Thurston County

360-878-7240

Main Hospital building, 2nd Floor, Room 200
(Just past the cafeteria)
2nd Tuesday of every month: 6:00–8:00pm

Vancouver Support Group

Carla Jo Whitson

Legacy Salmon Creek Medical Center
2211 NE 139th Street
Vancouver, WA 98686
Clark County

360-991-4928
arlajow@biawa.org

Third floor, conference room "A"
2nd & 4th Thursday of each month from
2:00pm – 3:00pm

TACOMA TO VANCOUVER AREA (continued)**Vet Centers/VAMC/Etc****VA Northwest Network**

1601 E 4th Plain Blvd
Vancouver, WA 98661
Clark County
360-619-5925

Tacoma Vet Center

4916 Center St. Suite E
Tacoma, WA 98409
Pierce County
253-565-7038
253-565-7038

South Sound CBOC (Sterling Medical)

151 NE Hampe Way
Chehalis, WA 98532
Lewis County
360-748-3049

American Lake VAMC

9600 Veterans Drive
Tacoma, WA 98493
Pierce County
800-329-8387
253-582-8440

Federal Way CBOC (Valor Healthcare)

34617 11th Place South Suite 301
Federal Way, WA 98003
King County
253-336-4142

Federal Way Vet Center

32020 32nd Ave South Suite 110
Federal Way, WA 98001
King County
877-927-8387
253-838-3090

Behavioral Health**Darlene Tewault, M.A., LMHC**

107 N. Tower #9
Centralia, WA 98531
Lewis/Cowlitz Counties
800-723-2832
360-330-2832

Keith Meyer, M.S., LMHC

208 Lee St. SW, STE 108
Tumwater, WA 98512
Thurston County
360-250-0781

TACOMA TO VANCOUVER AREA (continued)**Behavioral Health** (continued)**Dan Comsia, M.A., M. Div., LMHC**

502 2nd Ave NE
Puyallup, WA 98372
Pierce County
253-208-9536

John Castele, LMFT

Castele, Williams, & Associates
711 South 25th Street
Tacoma, WA 98405
Pierce County
253-536-2881

Christian Alexander, M.S., LMHC

34004 9th Ave S, STE A-11
Federal Way, WA 98003
Pierce County
206-708-4278

Diana Hunter, M.A., LMHC

3214 50th Street Court NW, STE 205-C
Gig Harbor, WA 98335
Kitsap/Pierce Counties
253-732-8489

Neuropsychology**Neurobehavioral Health Associates, PLLC**

John B. "Brad" Powell, PhD
2118 Caton Way SW
Olympia, WA 98502
Clark County
360-352-4602

Olympic Psychology Services

Dr. Lisa Hardebeck
711 Court A, Suite 114
Tacoma, WA 98402
Pierce County
253-269-6063

St. Peter Family Medicine

Kyle E Ferguson, PhD
525 Lilly Rd. NE
Olympia, WA 98506
Thurston County
360-493-7230

TACOMA TO VANCOUVER AREA (continued)**Service Officer-Benefits Specialist****Washington State Department of Veterans Affairs**

1102 Quince St SE
Olympia, WA 98504
Thurston County
800-562-2308

Monday – Friday, 8:00AM – 5:00PM

African American Post-Traumatic Stress Disorder

9129 Veterans DR SW
Lakewood, WA 98498
Pierce County
253-589-0766

Monday – Friday, 8:00AM – 4:00PM

Military Order of the Purple Heart

9600 Veterans Drive, Bldg 16 Rm 110
Lakewood, WA 98493
Pierce County
253-583-1079

National Association for Black Veterans, Inc.

5515 Steilacoom Blvd SW, Suite 110
Lakewood, WA 98499
Pierce County
253-582-0895

Monday – Friday, 8:00AM – 4:00PM

American Legion Service Officer at American Lake

American Lake VAMC
Bldg. 16A, Room 111
Tacoma, WA 98493
Pierce County
253-583-1300

Monday – Friday, 8:00AM – 4:00PM

VFW Service Office

1603 E, 4th Plain Blvd, Bldg #15, Rm 112-B
Vancouver, WA 98660
Grant County
360-696-4583

Monday – Friday, 8:00AM – 4:00PM

American Legion Service Officer JBLM

Joint Base Lewis-McChord
8271 2nd Division DR, Room 115
JBLM, WA 98433
Pierce County

253-967-6145

WestCare Lewis County Navigator

Patrick Zandecki
Lewis County

360-523-3500

SEATTLE AREA

Support Groups

Bellevue/Eastside

Karen Ljunggren

Highland Community Center

14224 Bel Red Road

Bellevue, WA

King County

425-653-2480

1st & 3rd Mondays of each month,
1:00pm – 2:30pm

Everett/Snohomish County Brain Injury Support Group

Janet Mott

Providence Medical Center, Pacific Campus

916 Pacific Avenue

Everett, WA 98201

King County

206-972-9305

Janetm@biawa.org

3rd Thursday of each month; 6:30 – 8:00pm

Brain Injury Networking Group

Channa Beckman

Inn at Gig Harbor in the Cascade Room

3211 56th St NW

Gig Harbor, WA 98335

King County

253-851-0007

gigharbor.bing@gmail.com

2nd Thursday of each Month 6:00 – 7:30pm

Puyallup Caregiver Support Group

Jackie or Jeanne

MultiCare Good Samaritan Hospital-Mt.

Tahoma Room, Meadow Pavilion

401 15th Ave SE

Puyallup, WA 98372

Pierce County

jakpope76@aol.com

jesalvini@hotmail.com

1st Tuesday of every month, 6:00 – 7:30pm

Puyallup Support Group

Jeff Hartson

Good Samaritan Hospital in the Baker Room

Puyallup, WA

King County

253-213-2833

jffhrtsn53@gmail.com

1st and 3rd Thursdays from 6 – 7:30pm

Seattle Brain Injury Caregiver Alliance

Natasha Pietila

Seattle, WA

King County

415-246-1092

natashap.bica@gmail.com

4th Wednesday of every month
from 6:00-7:30pm

SEATTLE AREA (continued)

Support Groups (continued)

Seattle Free Gentle Yoga for People with Traumatic Brain Injuries

Janet Novinger

Aditi Studio
4206 Stone Way N
Seattle, WA
King County
206-547-2526

Ground floor studio, with the entrance on 42nd St. Most Fridays, 4:00 – 5:00pm

Seattle Buckley's in Belltown (was Two Bells Tavern)

2331 2nd Ave
Seattle, WA 98121
King County

877-824-1766
bucklesseattle.com/btdirections.htm

2nd Thursday of the month 1:00 – 3:00pm

Swedish Medical Center Cherry Hill Campus

Michele Kauffman or Joel Laguatan
500 17th Ave
Seattle, WA 98122
King County

206-535-0920 or 206-948-8552
tbimichele@gmail.com
joelvl62062@yahoo.com

East Tower Building; Dining Room/Cafeteria area; Mother Joseph Room. 4th Thursday of the month from 1:00 – 2:30pm.

Harborview Medical Center

Michele Kauffman or Joel Laguatan

502 9th Ave
Seattle, WA
King County

206-535-0920 or 206-948-8552
tbimichele@gmail.com
joelvl62062@yahoo.com

Maleng Building, MB#118
First Thursday of every month 12 – 1:30pm.

West Seattle/Alaska Junction Brain Injury Support Group

Michele Kauffman or Joel Laguatan
Senior Center of West Seattle, 2nd Flr Café
4217 SW Oregon St
Seattle, WA 98116
King County

206-535-0920 or 206-948-8552
tbimichele@gmail.com
joelvl62062@yahoo.com

3rd Thursday of month, 1 – 2:30pm

Seattle Wallingford TBI Survivors-Mild TBI Survivor Group

Janet Novinger

Good Shepherd Center, Room 221
4649 Sunnyside N
Seattle, WA
King County

206-547-2526

3rd Tuesday of every month, 4:00 – 5:30pm

SEATTLE AREA (continued)

Support Groups (continued)

Tacoma Brain Injury Support Group

Jeff Hartson

TACID

6315 South 19th Street

Tacoma, WA

Pierce County

253-213-2833

jffhrtsn53@gmail.com

2nd & 4th Thursdays of each month,
6:30 –7:30pm

Tacoma Caregiver Matters

BEST Space

2607 Bridgeport Way W, 2G

Tacoma, WA 98466

Pierce County

877-719-2378 x 104

3rd Saturday of the Month 2:00 – 4:00 pm

Vet Centers/VAMC/Etc

Seattle VAMC

1660 South Columbian Way

Seattle, WA 98108

King County

800-329-8387

206-762-1010

Bellevue CBOC (Valor Healthcare)

13033 Bel-Red Road Suite 210

Bellevue, WA 98005

King County

425-214-1055

425-214-1055

North Seattle CBOC (Valor Healthcare)

12360 Lake City Way NE, Suite 200

Seattle, WA 98125

King County

206-384-4382

Seattle Vet Center

4735 E Marginal Way S, Room 1102

Seattle, WA 98134

King County

877-927-8387

206-658-4225

SEATTLE AREA (continued)**Behavioral Health****Diane Adams, Ph.D**

2 locations in Renton
Please call for address
Renton, WA
King County
253-852-4699

Christian Alexander, M.S., LMHC

34004 9th Ave S, STE A-11
Federal Way, WA 98003
King County

206-708-4278

Dan Comsia, M.A., M. Div., LMHC

502 2nd Ave NE
Puyallup, WA 98372
Pierce County
253-208-9536
In-home family counseling in
King County only.

Autumn del Fierro, Ph.D.

10740 Meridian Ave N, STE 110
Seattle, WA 98133
King County

206-659-8107

Akers Counseling

Laurie Akers, M.A., LMHC
3931 Colby Ave
Everett, WA 98201
King County
425-388-0281

John Castele, LMFT

17205 Vashon Highway SW, STE D2
Vashon, WA 98070
King County

206-492-9196

Wendy David, Ph.D.

200 W. Mercer Street, STE 111
Seattle, WA 98103
King County

425-891-5400

Eastside Psychological Associates

18500 156th Ave NE, STE 202
Woodinville, WA 98072
King County

425-481-5700

SEATTLE AREA (continued)**Behavioral Health** (continued)**Eastside Psychological Associates**

1740 NW Maple St, STE 210
Issaquah, WA 98027
King County

425-427-2474

Eastside Psychological Associates

8226 Bracken Pl SE, STE 200
Snoqualmie, WA 98065
King County

425-292-3318

Matthew Jakupcak, Ph.D.

10740 Meridian Ave. N., STE 110
Seattle, WA 98133
King County

206-747-2246

Matthew Jakupcak, Ph.D.

400 East Street, STE 220
Seattle, WA 98103
King County

206-747-2246

Dan Comsia, M.A., M. Div., LMHC

502 2nd Ave NE
Puyallup, WA 98372
Pierce County
253-208-9536

In-home family counseling in
King County only.

Wendy David, Ph.D.

200 W. Mercer Street, STE 111
Seattle, WA 98103
King County

425-891-5400

Kane & Associates

Micheal Kane, Psy.D., LICSW
2711 E. Madison St., STE 206
Seattle, WA 98112
King County

206-723-8448

Sam Schwartz Landrum, MSW, LICSW

4719 University Way NE STE 206
Seattle, WA 98105
King County

206-605-8998

SEATTLE AREA (continued)**Behavioral Health** (continued)**Ronald Lowell, MSW, LICSW**

4719 University Way NE STE 206
Seattle, WA 98105
King County

206-902-7210

Terry O'Neil, Ph.D.

1800 112th Ave NE, STE 322E
Bellevue, WA 98004
King County

425-990-9840

Michael J. Phillips, Psy.D.

371 NE Gilman Blvd, #150
Issaquah, WA 98027
King County

425-392-0277

Jack Ringel, LICSW

2106 2nd Ave N, STE 901
Seattle, WA 98122
King County

202-810-9691

The Veteran Advisor

Stephen Riggins, M.Ed., LMHC
4500 9th Avenue NE, STE 300
Seattle, WA 98105
King County

206-898-1990

Ström Counseling

Eric Ström, MA, LMHC
4011 Stone Way North, STE 4
Seattle, WA 98103
King County

206-295-0076

Laura Takacs, MSW, LICSW

6407 Fautleroy Way SW
Seattle, WA 98136
King County

206-552-3571

Valley Cities Counseling

33301 1st Way S., STE C-115
Federal Way, WA 98003
King County

253-833-7444

SEATTLE AREA (continued)**Behavioral Health** (continued)**Valley Cities Counseling**

8444 Rainier Ave S
Seattle, WA 98118
King County

253-833-7444

Valley Cities Counseling

221 Wells Ave S
Renton, WA 98057
King County

253-833-7444

Valley Cities Counseling

2704 "I" St. NE
Auburn, WA 98002
King County

253-833-7444

Valley Cities Counseling

26401 Pacific Hwy S
Des Moines, WA 98198
King County

253-833-7444

Valley Cities Counseling

Stephen Riggins, M.Ed., LMHC
26401 Pacific Hwy S
Des Moines, WA 98198
King County

253-833-7444

Neuropsychology**Neuropsychological Assessment Services
at Harborview**

325 9th Ave., 4th Floor
Seattle, WA 98104
King County

206-744-3576

**Karen M. Sanders, PhD., ABPP, Board
Certified Neuropsychologist**

Seattle, WA
King County

206-269-0290

SEATTLE AREA (continued)

Neuropsychology (continued)

Swedish/Cherry Hill Campus

1600 E. Jefferson Street, Suite 601
Seattle, WA 98122
King County

NW Hospital Campus/UW Medicine

1530 N. 115th Street, Suite # 307
Seattle, WA 98133
King County

Service Officer-Benefits Specialist

Washington State Department of Veterans Affairs (Seattle office)

2106 2nd Ave STE 100
Seattle, WA
King County
877-904-8387

Monday – Friday, 8:00AM – 5:00PM

Military Order of the Purple Heart (VA Regional office)

915 2nd Ave, Room 1062D
Seattle, WA 98104
King County
206-341-8296

Veterans of Foreign Wars (VA Regional office)

915 2nd Avenue, Rm 1044
Seattle, WA 98174
King County
206-341-8284

Monday – Friday, 8:00AM – 4:00PM

Vietnam Veterans of America (VA Regional office)

915 2nd Ave, Rm 1058
Seattle, WA 98174
King County
206-341-8294

The American Legion (VA Regional office)

Jackson Federal Building
915 2nd AVE, Room 1042
Seattle, WA 98174
King County
206-341-8262

African American Post-Traumatic Stress Disorder (VA Regional office)

Jackson Federal Building
915 2nd AVE, Room 1062B
Seattle, WA 98174
King County
866-322-0766

SEATTLE AREA (continued)**Service Officer-Benefits Specialist** (continued)**Disabled American Veterans
(VA Regional office)**

Jackson Federal Building
915 2nd AVE, Room 1040
Seattle, WA 98174
King County
206-341-8267

EVERETT TO BELLINGHAM AREA**Support Groups****Bellingham Brain Injury Support Group**

Mary Hughes
DVSAS (Domestic Violence And Sexual
Assault Services) OFFICE (Downstairs)
1407 Commercial St
Bellingham, WA 98225
Whatcom County
360-548-8536

2nd Thursday of every month 7:00 – 9:00pm

Edmonds – Swedish Brain Support Group

Lou Nash
2nd Floor cafeteria at Swedish/Edmonds
(formerly Stevens) Hospital
21601 76th Avenue W
Edmonds, WA
Snohomish County
425-776-7264
Lou_Nash@Frontier.com

1st Tuesday of each month, 6:30 – 8:30pm

EVERETT TO BELLINGHAM AREA (continued)

Support Groups (continued)

Skagit Valley

Karen Furney

Creekside Retirement Community,
Puzzle Room

400 Gilkey Road
Burlington, WA
Skagit County

425-268-2934

2nd Tuesday of each month, 6:30 – 8:30pm

Stanwood - Camano Island-North Snohomish County

Karen Furney

Stanwood Community and Senior
Center Library

7430 276th Street NW
Stanwood, WA
Snohomish County

425-268-2934

3rd Monday of each month, 6:30 – 8:00pm

Whidbey Island – Coupeville

Kelly or Kathy Thompson

Whidbey General Hospital

101 N Main Street
Coupeville, WA
Island County

360-222-4122

3rd Monday, 6:30-8:00PM.

Vet Centers/VAMC/Etc

Mount Vernon CBOC

307 S. 13th St., Suite 200
Mount Vernon, WA 98274
Skagit County

360-848-8500

Bellingham Vet Center

3800 Byron Ave Suite 124
Bellingham, WA 98229
Whatcom County

877-927-8387

360-733-9226

EVERETT TO BELLINGHAM AREA (continued)**Vet Centers/VAMC/Etc** (continued)**Everett Vet Center**

3311 Wetmore Avenue
Everett, WA 98201
Snohomish County
425-252-9701

Behavioral Health**Laurie Akers, M.A., LMHC**

3931 Colby Ave
Everett, WA 98201
Snohomish County

425-388-0281

Bridget C. Cantrell, Ph.D.

1000 McKenzie Ave, STE 26
Bellingham, WA 98225
Skagit & Whatcom Counties

360-714-1525

Service Officer-Benefits Specialist**VetCenter Bellingham**

3800 Bryon, Suite 124
Bellingham, WA 98226
Whatcom County

360-733-9226

Tuesday - Thursday, 8:00AM - 4:00PM

Veterans of Foreign Wars

2711 Oakes Ave
Everett, WA 98201
Snohomish County

425-304-1223

Vietnam Veterans of America

330 Pacific Place
Mt. Vernon, WA 98273
Skagit County

360-416-7585 x 1162

NORTH CENTRAL WASHINGTON

Vet Centers/VAMC/Etc

Tonasket RHC

North Valley Hospital
203 S. Western Ave.
Tonasket, WA 98855
Okanagan County
509-486-2151

Behavioral Health

Jodie Field, MS, LMHC

101 E. Dewberry
Omak, WA 98841
Okanagan County

509-826-5731

Central Washington Veterans Counseling

Sue Dickinson, MA, LMFT
610 North Mission, St. STE. 202
Wenatchee, WA 98801
Chelan, Douglas & Kittitas Counties

509-667-8828

Service Officer-Benefits Specialist

Okanogan County Veterans Services

Okanagan County
509-486-2121
vso@co.okanogan.wa.us

CENTRAL WASHINGTON

Support Groups

Moses Lake

Jennifer McCarthy
Big Bend Community College-ATEC Building
7762 Chanute St. NE
Moses Lake, WA 98837
Grant County
509-766-1907
3rd Monday of each month; 11:30 – 1:30pm

Vet Centers/VAMC/Etc

Yakima Community Based Outpatient Clinic (CBOC)

Jonathan M. Wainwright Memorial
VA Medical Center
717 Fruitvale Blvd.
Yakima, WA 98902
Yakima County
509-966-0199

Yakima Valley Vet Center

2119 W. Lincoln
Yakima, WA 98902
Yakima County
509-457-2736

Behavioral Health

Central Washington Veterans Counseling

Sue Dickinson, MA, LMFT
610 North Mission, St. STE. 202
Wenatchee, WA 98801
Chelan, Douglas & Kittitas Counties
509-667-8828

Roberto Valdez, Ph.D.

100 N. Morain Street, STE 309
Kennewick, WA 99336
Franklin, Benton & Grant Counties
509-543-7253

CENTRAL WASHINGTON (continued)

Service Officer-Benefits Specialist

Grant County Veterans Service Officer

1525 E Wheller RD
Moses Lake, WA 98837
Grant County

509-766-5015

Tuesday – Thursday, 9:00AM – 3:00PM

Kittitas County Veterans Coalition

507 N. Nanum St., Suite 117
Ellensburg, WA 98926
Kittitas County

509-933-2932

Tuesday – Thursday, 10:00AM – 4:00PM

SOUTH CENTRAL WASHINGTON

Support Groups

TriCities – Traumatic Brain Injury Support Group

Kadlec Neurological Resource Center
1268 Lee Blvd
Richland, WA 99352
Benton County

509-943-8455

1st Wednesday of each month, 3:00 – 4:00 pm

Wenatchee Stroke and Brain Injury Group

R. Lisa McKee
Wellness Place
609 Okanogan Ave
Wenatchee, WA
Chelan County

509-664-4868 x 5938

RMcKee@wvmedical.com

3rd Monday of each month, 1:30 – 3:00pm

Vet Centers/VAMC/Etc

Jonathan M. Wainwright Memorial VA Medical Center

825 Jadwin Ave., Ste. 250
Richland, WA 99352
Benton County

509-946-1020

Walla Walla VA Medical Center

77 Wainwright Drive
Walla Walla, WA 99362
Walla Walla County

888-687-8863

509-525-5200

SOUTH CENTRAL WASHINGTON (continued)**Behavioral Health****Center for Counseling & Psychotherapy**

Duane Dolliver, MS,LMHC,LMFC

1015 S. 40th Ave, STE 23

Yakima, WA 98908

Yakima County

509-966-7246

Service Officer-Benefits Specialist**Vietnam Veterans of America
Service Officer**

77 Wainwright DR, Building 74 Room 143

Walla Walla, WA

Walla Walla County

509-526-6240

Tuesday - Thursday

**Goodwill Veteran Benefit Services /
Vietnam Veterans of America**

Goodwill Store

3521 W Court ST

Pasco, WA

Franklin County

509-460-4703

e5prince@aol.com

WestCare Benton/Franklin Navigator

Edgar Rivera

Benton County

509-492-0650

Klickitat County Veteran Service Officer

205 S Columbus AVE

Goldendale, WA 98620

Klickitat County

509-773-2467

Wednesdays

Klickitat County Veteran Service Officer

501 NE Washington ST

White Salmon, WA 98672

Klickitat County

509-493-6031

Thursdays/Fridays

NORTH EASTERN WASHINGTON

Support Groups

Survivors support group

Danny Holmes
The Meeting Place
887 South Walnut
Colville, WA
Colville & Stevens County
509-680-4634
3rd Tuesday; 4:00 pm – 6:00pm (Survivors)

Caregiver support group

Danny Holmes
Hecht Building near Providence Mt.
Carmel Hospital
Colville, WA
Colville & Stevens County
509-680-4634
3rd Tuesday; 6:00pm – 7:30pm (Caregivers)

Stevens County TBI Support Group

Danny Holmes or Craig Sicilia
887 South Walnut
Colville, WA 99114
Stevens County
509-680-4634
509-218-7982
craig@tbiwa.org
3rd Tuesday of each Month 4:00 – 6:00pm

Vet Centers/VAMC/Etc

Colville RHC

1200 E Columbia
Colville, WA 99114
Stevens County
509-684-3701

Behavioral Health

Clark Ashworth, Ph.D.

358 E. Birch Ave, STE 101
Colville, WA 99114
Ferry, Stevens, Pend Oreille,
Spokane Counties and Colville Tribes
509-684-3200

CENTRAL EASTERN WASHINGTON

Support Groups

Brain Injury Self Development TBI Advocacy Club & Leadership

Gail Tumlinson
Spokane Community College and Spokane Falls Community College Institute for Extended Learning
Building 24; Room 204
Spokane, WA
Spokane County
Gail.Tumlinson@scc.spokane.edu
Every Tuesday from 2:30 – 4:30pm

Spokane County Brain Injury Support Group

Craig Sicilia or Toby Brown
Spokane County Library Conference Room A
12004 East Main
Spokane, WA
Spokane County
509-218-7982
509-868-5388
4th Wednesday of each month, 6:30 – 8:30pm

Spokane Family & Care Giver Brain Injury Support Group

Ashley Richards
St. Luke's Rehabilitation Institute
Room LL200
711 S Cowley Street
Spokane, WA
Spokane Counties
509-838-9348
SpokaneBIAWA@gmail.com
2nd Wednesday of each month, 6:30 – 8:00pm

BIAWA Spokane TBI Social Group

Ashley Richards
Spokane, WA
Spokane County
509-838-9348
SpokaneBIAWA@gmail.com
Place, date and time vary due to activity

TBI/PTSD Veterans Fellowship

Craig Sicilia
Life Center Church (by SFCC)
1202 North Government Way
Spokane, WA
Spokane County
888-308-6804
craig@brainenergysupportteam.org
Every Sunday 5PM

Spokane TBI Survivor Support Group

Ashley Richards
St. Luke's Rehabilitation Institute, Room 200
711 S Cowley Street
Spokane, WA
Spokane Counties
509-838-9348
SpokaneBIAWA@gmail.com
2nd Wednesday of each month, 6:30 – 8:00pm

CENTRAL EASTERN WASHINGTON (continued)

Support Groups (continued)

Spokane Living Well — TBI Support Group for Students

Craig Sicilia or Gail Tumlinson
Spokane Community College and Spokane Falls Community College Institute for Extended Learning
Downstairs next to the Computer Lab
Spokane, WA
Spokane County
888-308-6804
gtumlinson@iel.spokane.edu

Vet Centers/VAMC/Etc

Spokane Vet Center

13109 E Mirabeau Parkway
Spokane, WA 99216
Spokane County
509-444-8387
509-444-8387

Mann-Grandstaff VA Medical Center

Spokane VA Medical Center
4815 N. Assembly St.
Spokane, WA 99205
Spokane County
800-325-7940
509-434-7000

Behavioral Health

Dennis Pollack, Ph.D.

9 Washington, STE 709
Spokane, WA 99201
Spokane County
509-747-1456

Jack Stell, LMFT, CDP

1014 N. Pine, STE 201
Spokane, WA 99206
Spokane County
509-221-0425

CENTRAL EASTERN WASHINGTON (continued)

Service Officer-Benefits Specialist

American Legion Service Officer Spokane

4815 N Assembly, BLDG 6A
Spokane, WA 99205
Spokane County
509-434-7750

Military Order of the Purple Heart

13109 East Mirabeau Parkway
Spokane, WA 99216
Spokane County
509-893-4745

SOUTH EASTERN WASHINGTON

Support Groups

Pullman — People First of Palouse

Donna Lowry
Gladish Community & Cultural Center
Room 213
115 NW State Street
Pullman, WA
Whitman County
800-758-1123
pfow@clarkston.com
2nd Thursday of each month 6:30 – 8:00pm

Quad Cities

Deby Smith
Tri State Memorial Hospital
1221 Highland Avenue
Clarkston, WA
Asotin County
208-305-4789
msdebys@yahoo.com
2nd Saturday of each month, 9:00am

Behavioral Health

Roberto Valdez, Ph.D.

100 N. Morain Street, STE 309
Kennewick, WA 99336
Franklin, Benton & Grant Counties
509-543-7253

Outpatient Treatment for Veterans and Their Families

WSU Psychology Clinic-Johnson Tower
Rm 362
Pullman, WA 99164
Whitman County
509-335-3587