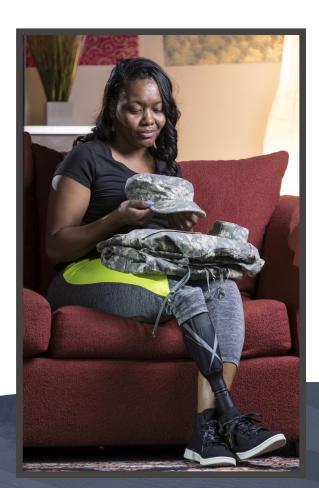
#### **WASHINGTON STATE**

# VETERANS PEER CORPS

VETERANS PEER CORPS MISSION TO SUPPORT, ENCOURAGE, AND EMPOWER THOSE WHO SERVED THROUGH LOCAL, COMMUNITY BASED, PEER MENTORSHIPS.





"Serving Those Who Served"

FOR MORE INFORMATION VISIT: WWW.DVA.WA.GOV/PROGRAM/VETERANS-PEER-CORPS

CONTACT VETERANS PEER CORPS AT: 360-725-2237 VPC@DVA.WA.GOV





800-562-2308 WWW.DVA.WA.GOV

## WHAT IS A VETERANS PEER CORPS MENTOR?

Often, there is no better person to talk about experiences with than another Veteran. A Veterans Peer Corps Mentor is a Veteran, or a Veteran's family member, who receives training and certification and then serves as a peer mentor by facilitating meetings and activities. The Veterans Peer Corps gives Veterans places to gather, share experiences and stories, heal together, and ultimately create a sense of a Veteran Community within their own community.

Peer Corp training allows you to become a certified mentor.

- Be a gateway into other earned benefits and services.
- Typical monthly volunteer commitment ranges from 2-6 hours.



U.S. Air Force photo by Airman 1st Class Javier Alvarez



### Are you ready to make a difference in the lives of Veterans in your community?

Becoming a Veterans Peer Corps Mentor is one way you can give back!

To become a VPC mentor:

- Contact the VPC Program Coordinator.
- Complete an 8 hour Veteran Training

## What do I do if I want to bring a VPC Training to my community?

- Contact VPC@dva.wa.gov
- Identify a host site (local Veteran organization, college campus, etc)
- Set up a date with VPC Coordinator.



#### **VETERANS PEER CORPS MENTOR:**

- The determination to turn your passion into mentoring activities, such as:
  - o Outdoor events
  - o Fishing
  - o Sports
  - o Meeting with groups or individuals
  - o Gaming (video or tabletop games)
  - o Coffee shop conversations
- You will also receive support from your Washington State Department of Veteran Affairs in the form of:
  - o Ongoing training and updated information on supportive services for veterans;
  - o Direct referrals to WDVA programs like the Veterans Innovations Program, Traumatic Brain Injury Program, Post-Traumatic Stress Counseling, and connection to Veterans Benefits Specialists.

Veterans Peer Corps Mentors know that sometimes the best way for a veteran to talk about their experiences is with another veteran.

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