#### WHO WE ARE:

The Veterans Training Support Center is a program in the Counseling & Wellness Division at the Washington State Department of Veterans Affairs. This program is dedicated to raising awareness and understanding issues specific to veterans, such as Posttraumatic Stress, Traumatic Brain Injury, and Moral Injury. We encourage all employers and organization leaders in public, private, or higher education settings to establish practices that will empower veterans in their pursuit of personal, academic, and meaningful career goals.

Our mission is to ensure we best equip those, who are committed to Serving Those Who Served, with the latest research, knowledge, and resources.

VTSC seeks trainers that are subject matter experts to provide trainings either in classroom or virtual settings please email vtsc@dva.wa.gov with your resume and area of expertise if interested.

#### **CONTACT US:**

For a list of training opportunities, please visit www.dva. wa.gov/vtsc

To ask about a customized training based on your needs, please email vtsc@dva.wa.gov or call 206.375.0784





"Serving Those Who Served"



**Veterans, Seniors & Human Services Levy** 





800-562-2308 DVA.WA.GOV/VTSC

# VETERANS TRAINING SUPPORT CENTER



# THE HISTORY OF VTSC:

The Veterans Training Support Center has hosted more than 600 trainings and provided almost 19,000 participants with quality education and training.

Founded in 2011, with funding from the King County Veterans, Seniors and Human Services Levy and WDVA, the VTSC began a grassroots effort to provide vet-related trainings for organizations to better serve Veterans and their family members.

VTSC began to offer trainings that prepared those who work with veterans on topics, such as battlemind to homemind, PTSD, trauma informed care, suicide prevention and traumatic brain injury. Thousands of veterans and family members have experienced transformation and have benefited by information shared at these trainings.

### **TRAINING PROVIDED:**

VTSC trainers are nationally-recognized subject matter experts and professionals in their profession. VTSC contracts with these professionals to provide you tools and treatments to better serve your veteran clients, improve one's your practice, or support and retain veteran students and employees.

Thanks to the King County Veterans, Seniors and Human Services Levy and the Washington Department of Veterans Affairs, VTSC is able to offer expertise at no-cost.

VTSC staff and trainers are committed to hosting trainings that are based in equity and inclusion and follow the American Psychological Association guidelines for continuing education. Through the trainings and resources, service providers are able to take the knowledge gained and immediately implement it into their practices.

#### TRAINING PROVIDED:

Earn hours of instruction toward CEUs, which are approved by the American Psychological Association.

# **VTSC TRAININGS:**

The VTSC Offers trainings in 3 categories:

- Professional Development:
   Provides no-cost continuing education credits
- 2. Veterans and their families:

  Focused on supporting the veteran in their transition and their second mission
- 3. Specialty Trainings:

Focused on identities, experiences, or situations.

# Examples of trainings offered by VTSC:



- Battlemind to Homemind (Military Culture)
- Understanding PTSD
- Understanding Traumatic Brain Injury
- Introduction to Veterans Benefits
- Mental Health Resilience During Time of COVID-19
- Couples-Based PTSD Treatment

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