

Brain Injury and Recovery-TBI Program

YOUR WDVA OFFERS SERVICES AND PROVIDES RESOURCES RELATED TO

(TRAUMATIC BRAIN INJURY) **TBI/ABI** (ACQUIRED BRAIN INJURY)

Why Focus on TBI?

- Over 8.9% of Washington residents are veterans.
- As many as 1 in 5 that served in recent conflicts may have sustained a TBI/ABI.
- 79% of Washington Veterans do not get health care at the VA and receive health care from community providers.
- Washington State is ranked 12th in the nation for veteran population and 7th for the number of veterans reporting military related TBI.
- The leading cause of TBI in a war zone is from exposure to blasts though they can occur as often in training activities such as falls or equipment accidents.
- Traumatic Brain Injury survivors are twice as likely to be at risk of suicide.
- Nearly half of the 61,131
 TBI-linked deaths in 2017
 were by suicide or homicide
 (2015-2017).

Heather Lynn Bahme

Brain Injury and Recovery
Program Manager PS5

<u> Heather.bahme@dva.wa.gov</u>

509-828-0449

Brianna Flott

Brain Injury and Recovery Program Specialist PS3

<u>Brianna.flott@dva.wa.gov</u>

(360) 536-5268

Whom do we serve?

- Your WDVA Brain Injury and Recovery-TBI Program serve **All Veterans** regardless of the service period.
- Service members: Including National Guard and Reserves.
- > Family members of veterans with TBI/ABI.
- Mental health or medical providers caring for veterans with TBI/ABI.
- > Institutions of Higher Learning.
- > Employers of veterans with TBI/ABI.
- Anyone who wants to learn more about how to help a Veteran with TBI/ABI.
- Veterans that are homeless.
- Connecting Veterans and service members involved in the justice system, mental health system, tribal system, and social services.

What do we provide?

- One-to-One assistance and advocacy to veterans with TBI/ABI.
- Support and education to service members and family members.
- Screening tools and training in TBI/ABI/PTSD detection.
- > Employer support services.
- Education and awareness training services for mental/behavioral health and medical providers.
- Treatment program evaluations and consultations.
- Staff training.
- Support group presentations.
- Resource tables at conferences and summits.



What is the cost?

Zero - All services are free of any charge.