

2023 COUNSELING AND WELLNESS PROVIDER DIRECTORY (as of October 2023)

| Counties | Therapist/Group Name/ Website | Phone Number | Address | Services | | | | Foreign Languages Spoken | After Hours Services? | Military Service? | Family Member of a Veteran? | Type of Counseling/Certifications | Accepting New Clients? | Accepting VA Community Care? |
|--|--|-----------------|---|------------|---------|--------|-------|--------------------------------|---|----------------------|-----------------------------------|--|------------------------------|------------------------------------|
| | | | | Individual | Couples | Family | Group | | | | | | | |
| Chelan Douglas Kittitas | Veterans Counseling of Central Washington | 509-667-8828 | 247 N Chelan Ave Wenatchee, WA 98801 | Y | Y | Y | Y | | case by case | Y | | Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, EMDR, psycho- education, goal setting. MSW, MA, LMFT, BA | Y | |
| Clallam | Dalis Lisbet La Grotta, M.A., LMHC Dalis La Grotta Counseling | 360-797-1429 | 435 West Bell Street, Suite D Sequim, WA 98382 | Y | Y | Y | Y | Spanish | 5:00 - 7:00 Monday, flexible for accomodation | N | | License Mental Health Counselor LMHC. International Certified Gambling Counselor IGCC- II. Board Approved Clinical Consultant BACC BAC1. Washington State Certified Problem Gambler II. WSGCC-II | Y | Y |
| Clark Skamania | Mike Shults | 360-773-7911 | 4205 NW 153rd Street Vancouver, WA, 98685 | Y | Y | Y | Y | None | No | Y | | Licensed Mental Health Counselor | Y | |
| Clark Cowlitz | Brenda Larson, M.A., LMHC, CMHS Oasis Counseling | 360-751-7213 | 1339 Commerce Ave #316 Longview, WA 98632 | Y | Y | Y | Y | None | 5:00 - 6:00 pm | N | | CBT, Trauma Focus: Military Veterans, Couples. Children-Play Therapy/Sand Tray. LMHC, CMHS | Y | |
| Ferry Stevens Pend Oreille Spokane Colville Tribes | Clark Ashworth, Ph.D. NE WA Family Counseling | 509-684-3200 | 358 E Birch Ave, STE 101 Colville, WA 99114 | Y | Y | Y | Y | None | No | Y | Y | Clinical Psychologist & Sex Offender Treatment Provider | Y | Y |
| Ferry Stevens Pend Oreille Spokane Colville Tribes | Ronald Graham, MSW, LICSW NE WA Family Counseling | 509-684-3200 | 358 E Birch Ave, STE 101 Colville, WA 99114 | Y | Y | Y | Y | None | No | Y | Y | Licensed Independent Clinical Social Worker Associate | Y | |
| Ferry Stevens Pend Oreille Spokane Colville Tribes | Kaali Sill, MSW, LMHC NE WA Family Counseling | 509-684-3200 | 358 E Birch Ave, STE 101 Colville, WA 99114 | Y | Y | Y | Y | None | No | N | Y | Licensed Mental Health Counselor | Y | |
| Ferry Stevens Pend Oreille Spokane Colville Tribes | Emily McBlair, MS, LMHCA NE WA Family Counseling | 509-684-3200 | 358 E Birch Ave, STE 101 Colville, WA 99114 | Y | Y | Y | Y | None | No | Y | Y | Licensed Mental Health Counselor Associate | Y | |
| Ferry Stevens Pend Oreille Spokane Colville Tribes | Louis DiConti, MS, LMHCA NE WA Family Counseling | 509-684-3200 | 358 E Birch Ave, STE 101 Colville, WA 99114 | Y | Y | Y | Y | None | No | N | Y | Licencensed Mental Health Counselor Associate | Y | |
| Ferry Stevens Pend Oreille Spokane Colville Tribes | Rochelle DiConti, MS, LMHCA NE WA Family Counseling | 509-684-3200 | 358 E Birch Ave, STE 101 Colville, WA 99114 | Y | Y | Y | Y | None | No | N | Y | Licencensed Mental Health Counselor Associate | Y | |

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| Franklin Benton | Roberto Valdez, Ph.D. | 509-551-7074 | 100 N Morain Street, STE 309 Kennewick, WA 99336 | Y | Y | Y | Y | Spanish | Yes, some evenings and some Saturdays | N | | Cognitive Behavioral and Cognitive Processing Therapy, SFBT, Evaluations and PTSD Support Groups | N | |
| Grant | Robert Bates, LMHC | 425-477-9383 | 16271 Rd 9 NW Quincy, WA | Y | Y | Y | Y | None | No | Y | N | Licenced Mental Health Counselor | Y | |
| Skagit | Roksan Biktimir, Ph.D. Northsound Counseling | 360-929-0180 | 720 Main Street, Suite 224 Mount Vernon, WA 98273 | Y | Y | Y | N | None | No | N | Y | Licensed Mental Health Counselor | Y | |
| Island San Juan | Dan Abshere, MA Camano Counseling | 360-826-7775 | 1283 Elger Bay Rd Camano Island, WA 98282-8375 | Y | Y | Y | Y | None | Some evenings | Y | | Licensed Mental Health Counselor Associate | Y | |
| King | Sam Schwartz Landrum, MSW, LICSW Iron Wheel Counseling | 206-605-8998 | 4719 University Way NE, STE 206 Seattle, WA 98105 | Y | Y | Y | N | None | Tuesdays, 6:00 -10:00 pm Fridays | N | Y | CBT, Mindfulness skills, DBT skills, Prolonged Exposure and Cognitive Processing Therapy, Integrated Behavioral Couples Therapy | Y | |
| King | Ronald Lowell, MSW, LICSW | 206-902-7210 | 4719 University Way NE, STE 206 Seattle, WA 98105 | Y | Y | Y | Y | None | 4:00-8:00 M-F, Sat by appt | N | | LICSW, CDP, MAC; Trauma focused treatments (Cognitive Behavior Therapies, Mindful Based Relapse Prevention, Prolonged Exposure, Motivational Interviewing, Tele- Mental Health) | Y | |
| King | Wendy David, Ph.D. www.seattlepsychology.com | 425-891-5400 | 200 W Mercer Street, STE 111 Seattle, WA 98119 | Y | Y | N | Y | Braille | Thursdays & Saturdays 8:30 - 5:00 | N | | CBT, Prolonged Exposure, ACT | Y | N |
| King | Michael J. Phillips, Psy.D. | 425-364-8740 | 310 Third Ave NE, #104 Issaquah, WA 98027 | Y | Y | N | N | None | No | N | | Licensed Psychologist | Y | |
| King | Bridgette Agpaoa Ryder, EDD, LMHC, SUDP Tukwila Counseling & Consultation Services | 206-351-7001 | 16000 Christensen Blvd Suite 110 Tukwila, WA 98188 | Y | Y | Y | N | None | No | N | | Client Centered, Cognitive Behavioral, Dialectical Behavioral, Solution Focused, Motivational Enhancement Therapies, Service Coordination, Couples and Family Systems | Y | N |
| King | Robert Wilson, LMHC Valley Cities Counseling www.valleycities.org | 253-833-7444 | 1336 S. 336th Street Federal Way, WA 98003 | Y | N | N | N | None | No | Y Navy | | CBT, EMDR, Trauma Informed Care | N | N |
| King | Robert Wilson, LMHC Valley Cities Counseling www.valleycities.org | 253-833-7444 | 2704 "I" St NE Auburn, WA 98002 | Y | N | N | N | None | No | Y Navy | | CBT, EMDR, Trauma Informed Care | N | N |
| King | Robert Wilson, LMHC Valley Cities Counseling www.valleycities.org | 253-833-7444 | 325 West Gowe St Kent, WA 98032 | Y | N | N | N | None | No | Y Navy | | CBT, EMDR, Trauma Informed Care | N | N |
| King | Robert Wilson, LMHC Valley Cities Counseling www.valleycities.org | 253-833-7444 | 8444 Rainier Ave S Seattle, WA 98118 | Y | N | N | N | None | No | Y Navy | | CBT, EMDR, Trauma Informed Care | N | N |
| King | Robert Wilson, LMHC Valley Cities Counseling www.valleycities.org | 253-833-7444 | 221 Wells Ave S Renton, WA 98057 | Y | N | N | N | None | No | Y Navy | | CBT, EMDR, Trauma Informed Care | N | N |
| King | Robert Wilson, LMHC Valley Cities Counseling www.valleycities.org | 253-833-7444 | 26401 Pacific Hwy S Des Moines, WA 98198 | Y | N | N | N | None | No | Y Navy | | CBT, EMDR, Trauma Informed Care | N | N |
| King | Maggie Yowell Wilson, LMHC Owls Well Counseling www.maggieyowellwilson.com | 206-606-3545 | 438 SW 4th Pl Renton, WA 98057 | Y | Y | Y | Y | None | No | N | | LMHC, child mental health specialist, geriatric mental health specialist, registred drama therapist, registered expressive arts therapist. Trained in CBTp, DBT, EMDR, Motivational Interviewing; use of play therapy and sandplay. | Y | N |

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| King Pierce | Rebecca Shaver, LMHC Collaborative Behavioral Approach | 253-355-7428 | 502 2nd Ave NE Puyallup, WA 98372 | Y | Y | Y | N | None | By Appointment | N | | LMHC, DVC, CBT, Trauma Informed Care | Y | |
| King Pierce | Lisa Allen, MSW, LICSW Allen Wellness Center allenwellnesscenter.org | 253-213-2182 | 6212 75th Street West Lakewood, WA 98499 | Y | Y | Y | Y | None | No | Y | | CBT, CPT, DBT, CETA | Y | Y |
| King | Scott Morrison, LICSW | 206-472-5821 | 4719 University Way NE, STE 206 Seattle, WA 98105 | Y | N | N | N | None | Wed., Sat. | N | | CBT-SUD, MET, motivational interviewing, narrative, mindfulness | Y | N |
| Kitsap | Jody Stewart, M.A., LMHC Mental Health Professionals, LLC | 360-620-3722 | 820 Pacific Ave, Suite 201 Bremerton, WA 98377 | Y | Y | N | Y | None | Mon - Thurs, 9:00 - 8:00 | N | | MA, LMHC, CBT, DBT, CPT, ACT, WET | Y | Y |
| Mason Kitsap | Adrian R. Magnuson-Whyte, Ph.D., LMHC, CCMHC, DCMHS Mental Health Professionals, LLC www.mhp-llc.com | 360-462-3320 | 2136 Olympic Highway North Shelton, WA 98584 | Y | N | N | Y | None | No | Y British | | Trauma-Focused CBT, Solution- Focused | Y | Y |
| Pacific Grays Harbor | Robert Holt, LMHC | 360-532-4201 | 1210 Madison St Aberdeen, WA 98520 | Y | Y | Y | N | None | No | N | | LMHC, TF-CTB, Behavioral Specialist | N | |
| Pierce | Virginia Cailleteau, LICSW Horses Guiding Humans | 360-339-6084 | 26812 118th Ave E Graham, WA 98338 | Y | Y | Y | N | None | No | N | N | Equine Assisted psychotherapy, motivational interviewing, cognitive behavioral therapy, solution focused therapy, mindfulness, somatic- aware therapies including Hakomi, trauma informed therapies | Y | Y |
| Pierce | Deporah Lopez | 253-272-4432 | 26812 118th Ave E Graham, WA 98338 | Y | Y | Y | N | None | 10:00 - 7:00 pm | N | | Trauma Focused, Complex Trauma, Systems, Solution-Focused | Y | N |
| Skagit Island Whatcom | Bridget C. Cantrell, Ph.D. Cantrell Counseling, Inc. www.bridgetcantrell.com | 360-714-1525 | 1050 Larrabee Avenue, Suite 104, PMB 714 Bellingham, WA 98225 (offices in Mt. Vernon & Whidbey Island) | Y | Y | Y | N | None | Some later appointments available in Bellingham | N | | Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, psycho-education, goal setting. | Y | |
| Spokane | Dennis Pollack, Ph.D. Pollack & Associates | 509-747-1456 | 301 W Indiana, STE C Spokane, WA 99205 | Y | Y | N | N | None | Yes, as needed | N | | Licensed Psychologist | Y | |
| Spokane | Jack Stell, LMHC, CDP Brain Healing, LLC www.brain-healing.net | 509-221-0425 | 11504 E Fairview Ave Spokane Valley, WA 99206 | Y | Y | Y | Y | None | 1:00 to 7:00 Monday through Fri. Emergency appointments after hours on occasion. Available via email outside regular business hours | Y Navy | Y | EMDR Approved Clinician and Approved Consultant, Gorski Relapse Prevention Method, Neurofeedback, Psycho-educational Workshops, childhood and adult trauma, couples, Children ages 6+, LGBTQ friendly, MST | Y | |
| Thurston | Carel Camerer, MA, LMHC, LMT | 360-352-7066 | 2237 29th CT NW Olympia, WA 98592 | Y | Y | Y | Y | SEE (Signed Exact English) | No | N | Y | Advanced EMDR | Y | Y |
| Thurston | Virginia Cailleteau, LICSW Evenstar Counseling | 253-257-9137 | 2024 Caton Way SW. Suite 103 Olympia, WA. 98502 | Y | Y | N | N | None | No | N | N | Somatic-based therapies including Hakomi, motivational interviewing, mindfulness, trauma informed therapies | Y | Y |
| Yakima | Duane Dolliver, M.S., LMHC, LMFC Center for Counseling & Psychotherapy www.cpcare.com | 509-966-7246 | 1015 S 40th Ave, STE 23 Yakima, WA 98908 | Y | Y | Y | N | None | 5:00 - 7:00 pm | N | | Dual Certified Licensed Mental Health Counselor (LHMC) and Licensed Marriage & Family Therapist (LMFT). Over 25 years experience working with our Military, Veterans and their Families. | Y | |