

# Behavioral Health Updates

- Behavioral Health services at the Richland VA Clinic
  - Psychiatry Services – medication management
  - Psychology Services – Evidence-Based Psychotherapy – covers a wide range of issues such as PTSD, Depression, Insomnia, Trauma, distress and coping
  - Substance Use Disorder (SUD) Services – Individual treatment and aftercare groups
  - Primary Care Mental Health Integration (PC MHI) Services – works with Primary Care to provide brief solution focused interventions
- Additional services – available at the main campus in Walla Walla
  - Peer Support Program/Veteran Peer Support Specialists – assisting Veterans navigate programs and services
  - Recreation Services – Recreation and leisure activities to assist Veterans in their recovery journey
  - Residential Rehabilitation Treatment Program (MH RRTP) Services:
    - 36 Bed facility
    - 28 for SUD programming and 8 for psychosocial programming for Seriously Mentally Ill (SMI) Veterans.
- Crisis intervention and suicide prevention
- Suicide prevention coordinator (SPC) – *presented by Merilee Richardson*
- COMPACT Act coordinator – *presented by Lisa Maldonado*

