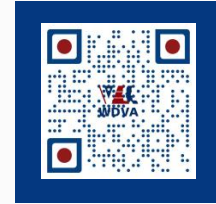




## Be **WISR**:

**W**ashington's  
**I**dentify Service Members,  
**V**eterans, and their Families (SMVF),  
**S**creen for Suicide Risk, and  
**R**efers for Resources

Pathway to **WISR** Certification  
Washington's Identify, Screen and Refer



This pathway is designed to be accessible for everyone, allowing deeper engagement with resources and knowledge to support our Service Members, Veterans, and their families (SMVF) community while helping to lower suicide risk. Psych Armor and Zero Suicide provide free training that align with our mission. Sign up is free for the trainings (links provided below).

Complete all tasks in the 3 Pillars within 12 months and submit for certification.  
Document the dates you completed the trainings for submission.

### Pillar 1: Toolkit

Review relevant Toolkit:

- Toolkits - [Identify SMVF and screen for suicide risk | WDVA](#)
- Print out and review the 1 page [Resource Guide for WA State](#)

### Pillar 2: Military Cultural Competency

Complete both of the following asynchronous trainings through [Psych Armor](#):

- "[15 Things Veterans Want You to Know](#)" (17 min; asynchronous)
- "[Connecting with the VA](#)" (32 min; asynchronous)

OR

Sign up and attend a virtual training offered by WDVA

- [Preventing Veteran Suicide By Combating Stigma: Building Awareness and Support](#) (1 hour online)

### Pillar 3: Suicide Prevention

Complete all of the following:

- LEARN Training for groups [LEARN Saves Lives: Host a training for Organizations & Teams](#) (90 minutes in person or virtual) **or** SAVE TRAINING [VA S.A.V.E](#) (18 minutes, online asynchronous)
- Columbia Suicide Severity Rating Scale - [Video/Interactive module](#) (30 minutes)
- [CALM](#) (Safety Planning and Lethal Means Safety; 2 hours, asynchronous)

Use this [LINK](#) or scan the QR code to receive credit for WISR Certification.

Questions? Email [connect@dva.wa.gov](mailto:connect@dva.wa.gov)

Once completed, you will receive a digital or paper certification.

