

2026 COUNSELING AND WELLNESS PROVIDER DIRECTORY (April 2026)

Counties	Therapist/Group Name/ Website	Phone Number	Address	Services				Foreign Languages Spoken	After Hours Services?	Military Service?	Family Member of a Veteran?	Type of Counseling/Certifications	Accepting New Clients?	Accepting VA Community Care?
				Individual	Couples	Family	Group							
Asotin Garfield	Teresa Storey Quality Behavioral Health www.qbhs.org	509-758-3341	900 7th Street Clarkston, WA 99403	Y	Y	Y	Y		Crisis Services Provided 24/7			CPT, DBT, EMDR, Emotion Focused, Solution Focused	Y	
Chelan Douglas Kittitas	Heather J. Hill, MA, LMHC Central Washington Veterans Counseling	509-667-8828	247 N Chelan Ave Wenatchee, WA 98801	Y	Y	Y	Y		case by case	Y	Y	Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting. LMHC, MA, LMFT, BA	Y	
Chelan Douglas Kittitas	S. Dianne Hansen, MA, LMHC Central Washington Veterans Counseling	509-667-8828	247 N Chelan Ave Wenatchee, WA 98801	Y	Y	Y	Y		case by case			Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting. LMHC, MA, LMFT, BA	Y	
Chelan Douglas Kittitas	Cynthia Buckley, MA, LMHC Central Washington Veterans Counseling	509-667-8828	247 N Chelan Ave Wenatchee, WA 98801	Y	Y	Y	Y		case by case			Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting. LMHC, MA, LMFT, BA	Y	
Clallam	Dalis Lisbet La Grotta, M.A., LMHC Dalis La Grotta Counseling	206-854-4122	435 West Bell Street, Suite D Sequim, WA 98382	Y	Y	Y	Y	Spanish	5:00 - 7:00 Monday, flexible for accomodation	N		License Mental Health Counselor LMHC. International Certified Gambling Counselor IGCC-II. Board Approved Clinical Consultant BACC BAC1. Washington State Certified Problem Gambler II. WSGCC-II	Y	Y
Clark Skamania	Mike E. Shults, MS, LMHC, CRC	360-773-7911	7902 NE St Johns Road, Vancouver WA 98665	Y	Y	Y	Y	None	No	Y		Licensed Mental Health Counselor	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	Emily Danekas, M.S., LMFT NE WA Family Counseling	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y	Y	Licensed Marriage and Family Therapist	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	Louis DiConti, M.S., LMHCA NE WA Family Counseling	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	N	Y	Licensed Mental Health Counselor Associate	Y	
Ferry Stevens Pend Oreille Spokane Colville Tribes	Jon Vetten, M.S., LMHCA NE WA Family Counseling	509-684-3200	358 E Birch Ave, STE 101 Colville, WA 99114	Y	Y	Y	Y	None	No	Y Navy	N	Licensed Mental Health Counselor Associate	Y	
Franklin Benton	Roberto Valdez, Ph.D.	509-551-7074	100 N Morain Street, STE 210 Kennewick, WA 99336	Y	N	N	Y	Spanish	Yes, some evenings and some Saturdays	N		Cognitive Behavioral and Cognitive Processing Therapy, SFBT, Evaluations and PTSD Support Groups	Y	Y
Grant	Rob Bates, LMHC Bates Counseling Services www.batescounselingservices.com	425-477-9383	908 10th Ave SW Quincy, WA 98848	Y	Y	Y	Y	None	No	Y	Y	Licensed Mental Health Counselor CBT, CPT, Trauma Informed Care	Y	Y
Island San Juan	Dan Abshere, MA Camano Counseling	360-826-7775	1283 Elger Bay Rd Camano Island, WA 98282-8375	Y	Y	Y	Y	None	Some evenings	Y		Licensed Mental Health Counselor Associate	Y	
King	Sam Schwartz Landrum, MSW, LICSW Iron Wheel Counseling	206-605-8998	Telehealth	Y	Y	Y	N	None	Tuesdays, 6:00 -10:00 pm Fridays	N	Y	CBT, Mindfulness skills, DBT skills, Prolonged Exposure and Cognitive Processing Therapy, Integrated Behavioral Couples Therapy	Y	
King	Michael J. Phillips, Psy.D.	425-364-8740	310 Third Ave NE, #114 Issaquah, WA 98027	Y	Y	N	N	None	No	N		Licensed Psychologist	Y	
King	Bridgette Agpaoa Ryder, EdD, LMHC, SUDP Tukwila Counseling & Consultation Services	206-351-7001	33600 6th Ave S Suite 240, Federal Way, WA 98003	Y	N	Y	N	None	No	N		Client Centered, Cognitive Behavioral, Dialectical Behavioral, Solution Focused, Motivational Enhancement Therapies, Service Coordination, Couples and Family Systems	Y	N

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King	Maggie Yowell Wilson, LMHC Owls Well Counseling www.maggieyowellwilson.com	253-569-4675	438 SW 4th Pl Renton, WA 98057	Y	Y	Y	Y	None	No	N	Y	LMHC, Child Mental Health Specialist, Geriatric Mental Health Specialist, Registered Drama Therapist, Registered Expressive Arts Therapist. Trained in CBTp, DBT, EMDR, Motivational Interviewing; use of play therapy and sandplay.	Y	N
King Pierce	Rebecca Shaver, LMHC Collaborative Behavioral Approach	253-355-7428	502 2nd Ave NE Puyallup, WA 98372	Y	N	Y	N	None	By Appointment	N	Y	LMHC, MHP, CBT, CPT, DBT, Mindfulness, Trauma Informed Care	N	
King	Scott Morrison, LICSW Morrison Therapies PLLC	206-472-5821	4500 9th Ave NE, Suite 300 Seattle, WA 98105	Y	N	N	N	None	Wed., Sat.	N		CBT-SUD, MET, motivational interviewing, narrative, mindfulness	Y	N
King	Dan Gross, LICSW	206-395-6882	6705 California Ave SW Seattle, WA 98126	Y	Y	N	Y	None	No	N	Y	LICSW, Cognitive Processing Therapy, Integrated Behavioral Couples Therapy, and Present Centered Group Therapy	Y	
Mason Kitsap	Adrian R. Magnuson-Whyte, Ph.D., LMHC, CCMHC, DCMHS Mental Health Professionals, LLC www.mhp-llc.com	360-462-3320	2136 Olympic Highway North Shelton, WA 98584	Y	N	N	Y	None	No	Y British		Trauma-Focused CBT, Solution-Focused	Y	Y
Pacific Grays Harbor	Robert Holt, LMHC	360-532-4201	110 W. Market, STE 211 Aberdeen, 98520	Y	Y	Y	N	None	No	N		LMHC, TF-CTB, Behavioral Specialist	Y	
Lewis Thurston	Virginia Cailleteau, LICSW Horses Guiding Humans	360-339-6084	1204 44th Ave East, Ste #1 Olympia, WA 98506	Y	Y	Y	N	None	No	N	N	Equine Assisted psychotherapy, motivational interviewing, cognitive behavioral therapy, solution focused therapy, mindfulness, somatic-aware therapies including Hakomi, trauma informed therapies	Y	Y
Pierce	Deborah Lopez, MA, LMHC	253-732-6414	4006 132nd St E Tacoma, WA 98446	Y	Y	Y	N	None	10:00 - 7:00 pm	N		Trauma Focused, Complex Trauma, Systems, Solution-Focused	Y	N
Skagit	H Roksan Biktimir, Ph.D. Northsound Counseling	360-929-0180	720 Main Street, Suite 224 Mount Vernon, WA 98273	Y	Y	Y	N	None	No	N	Y	Licensed Mental Health Counselor	Y	Y
Skagit Island Whatcom	Bridget C. Cantrell, Ph.D. Cantrell Counseling, Inc. www.bridgetcantrell.com	360-714-1525	1050 Larrabee Avenue, Suite 104, PMB 714 Bellingham, WA 98225 (offices in Mt. Vernon & Whidbey Island)	Y	Y	Y	N	None	Some later appointments available in Bellingham	N	Y Daughter	Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, psycho-education, goal setting.	Y	Y
Snohomish	H Roksan Biktimir, Ph.D. NW Happiness Institute	800-498-4122 ext 701	PO Box 3645 315 N Olympic Ave Arlington, WA 98223	Y	Y	Y	N	None	No	N	Y	Licensed Mental Health Counselor	Y	Y
Spokane	Dennis Pollack, Ph.D. Pollack & Associates	509-954-0834	224 E Pacific Ave Spokane, WA 99202	Y	Y	N	N	None	Yes, as needed	N		Licensed Psychologist	N	
Thurston	Virginia Cailleteau, LICSW Evenstar Counseling	253-257-9137	1204 4th Ave East, STE 1 Olympia, WA 98506	Y	Y	N	N	None	No	N	N	Somatic-based therapies including Hakomi, motivational interviewing, mindfulness, trauma informed therapies	Y	Y