# 2026 COUNSELING AND WELLNESS PROVIDER DIRECTORY (October 2026)

| Counties | Therapist/Group Name/ Website | Phone Number | Address | Services | | | | Foreign Languages Spoken | After Hours Services? | Military Service? | Family Member of a Veteran? | Type of Counseling/Certifications | Accepting New Clients? | Accepting VA Community Care? |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | Individual | Couples | Family | Group | | | | | | | |
| Asotin<br>Garfield | Teresa Storey<br>Quality Behavioral Health<br>www.qbhs.org | 509-758-3341 | 900 7th Street<br>Clarkston, WA 99403 | Y | Y | Y | Y | | Crisis Services Provided 24/7 | | | CPT, DBT, EMDR, Emotion Focused, Solution Focused | Y | |
| Chelan<br>Douglas<br>Kittitas | Heather J. Hill, MA, LMHC<br>Central Washington Veterans Counseling | 509-667-8828 | 247 N Chelan Ave<br>Wenatchee, WA 98801 | Y | Y | Y | Y | | case by case | Y | Y | Military, Veterans and their families, Civilians,<br>PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting.<br>LMHC, MA, LMFT, BA | Y | |
| Chelan<br>Douglas<br>Kittitas | S. Dianne Hansen, MA, LMHC<br>Central Washington Veterans Counseling | 509-667-8828 | 247 N Chelan Ave<br>Wenatchee, WA 98801 | Y | Y | Y | Y | | case by case | | | Military, Veterans and their families, Civilians,<br>PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting.<br>LMHC, MA, LMFT, BA | Y | |
| Chelan<br>Douglas<br>Kittitas | Cathy M. Westermann, LMHC<br>Central Washington Veterans Counseling | 509-667-8828 | 247 N Chelan Ave<br>Wenatchee, WA 98801 | Y | Y | Y | Y | | case by case | | | Military, Veterans and their families, Civilians,<br>PTSD, Trauma Recovery, CBT, EMDR, psycho-education, goal setting.<br>LMHC, MA, LMFT, BA | Y | |
| Clallam | Dalis Lisbet La Grotta, M.A., LMHC<br>Dalis La Grotta Counseling | 206-854-4122 | 435 West Bell Street, Suite D<br>Sequim, WA 98382 | Y | Y | Y | Y | Spanish | 5:00 - 7:00 Monday, flexible for accomodation | N | | License Mental Health Counselor LMHC.<br>International Certified Gambling Counselor IGCC-II.<br>Board Approved Clinical Consultant BACC BAC1.<br>Washington State Certified Problem Gambler II. WSGCC-II | Y | Y |
| Clark<br>Skamania | Mike E. Shults, MS, LMHC, CRC | 360-773-7911 | 7902 NE St Johns Road,<br>Vancouver WA 98665 | Y | Y | Y | Y | | No | Y | | Licensed Mental Health Counselor | Y | |
| Ferry<br>Stevens<br>Pend Oreille<br>Spokane<br>Colville Tribes | Emily Danekas, M.S., LMFT<br>NE WA Family Counseling | 509-684-3200 | 358 E Birch Ave, STE 101<br>Colville, WA 99114 | Y | Y | Y | Y | | No | Y | Y | Licensed Marriage and Family Therapist | Y | |
| Ferry<br>Stevens<br>Pend Oreille<br>Spokane<br>Colville Tribes | Louis DiConti, M.S., LMHCA<br>NE WA Family Counseling | 509-684-3200 | 358 E Birch Ave, STE 101<br>Colville, WA 99114 | Y | Y | Y | Y | | No | N | Y | Licensed Mental Health Counselor Associate | Y | |
| Ferry<br>Stevens<br>Pend Oreille | Jon Vetten, M.S., LMHCA<br>NE WA Family Counseling | 509-684-3200 | 358 E Birch Ave, STE 101<br>Colville, WA 99114 | Y | Y | Y | Y | | No | Y<br>Navy | N | Licensed Mental Health Counselor Associate | Y | |
| Franklin<br>Benton | Roberto Valdez, Ph.D. | 509-551-7074 | 100 N Morain Street, STE 210<br>Kennewick, WA 99336 | Y | N | N | Y | Spanish | Yes, some evenings and some Saturdays | N | | Cognitive Behavioral and Cognitive Processing Therapy, SFBT, Evaluations and PTSD Support Groups | Y | Y |
| Grant | Rob Bates, LMHC<br>Bates Counseling Services<br>www.batescounselingservices.com | 425-477-9383 | 908 10th Ave SW<br>Quincy, WA 98848 | Y | Y | Y | Y | | No | Y | Y | Licenced Mental Health Counselor<br>CBT, CPT, Trauma Informed Care | Y | Y |

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| Island<br>San Juan | Dan Abshere, MA<br>Camano Counseling | 360-826-7775 | 1283 Elger Bay Rd<br>Camano Island, WA 98282-8375 | Y | Y | Y | Y | | Some evenings | Y | | Licensed Mental Health Counselor Associate | Y | |
| King | Sam Schwartz Landrum, MSW, LICSW<br>Iron Wheel Counseling | 206-605-8998 | Telehealth | Y | Y | Y | N | | Tuesdays, 6:00 -10:00 pm<br>Fridays | N | Y | CBT, Mindfulness skills, DBT skills, Prolonged Exposure and Cognitive Processing Therapy, Integrated Behavioral Couples Therapy | Y | |
| King | Michael J. Phillips, Psy.D. | 425-364-8740 | 310 Third Ave NE, #114<br>Issaquah, WA 98027 | Y | Y | N | N | | No | N | | Licensed Psychologist | Y | |
| King | Bridgette Agpaoa Ryder, EdD, LMHC, SUDP<br>Tukwila Counseling & Consultation Services | 206-351-7001 | 33600 6th Ave S Suite 240,<br>Federal Way, WA 98003 | Y | N | Y | N | | No | N | | Client Centered, Cognitive Behavioral, Dialectical Behavioral, Solution Focused, Motivational Enhancement Therapies, Service Coordination, Couples and Family Systems | Y | N |
| King | Maggie Yowell Wilson, LMHC<br>Owls Well Counseling<br>www.maggieyowellwilson.com | 253-569-4675 | 438 SW 4th Pl<br>Renton, WA 98057 | Y | Y | Y | Y | | No | N | Y | LMHC, Child Mental Health Specialist, Geriatric Mental Health Specialist, Registered Drama Therapist, Registered Expressive Arts Therapist.<br>Trained in CBTp, DBT, EMDR, Motivational Interviewing; use of play therapy and sandplay. | Y | N |
| King<br>Pierce | Rebecca Shaver, LMHC<br>Collaborative Behavioral Approach | 253-355-7428 | 502 2nd Ave NE<br>Puyallup, WA 98372 | Y | N | Y | N | | By Appointment | N | Y | LMHC, MHP, CBT, CPT, DBT, Mindfulness, Trauma Informed Care | N | |
| King | Dan Gross, LICSW | 206-395-6882 | 6705 California Ave SW<br>Seattle, WA 98126 | Y | Y | N | Y | | No | N | Y | LICSW, Cognitive Processing Therapy, Integrated Behavioral Couples Therapy, and Present Centered Group Therapy | Y | |
| Mason<br>Kitsap | Adrian R. Magnuson-Whyte, Ph.D., LMHC, CCMHC, DCMHS<br>Mental Health Professionals, LLC<br>www.mhp-llc.com | 360-462-3320 | 2136 Olympic Highway<br>North Shelton, WA 98584 | Y | N | N | Y | | No | Y<br>British | | Trauma-Focused CBT, Solution-Focused | Y | Y |
| Pacific<br>Grays Harbor | Robert Holt, LMHC | 360-532-4201 | 110 W. Market, STE 211<br>Aberdeen, 98520 | Y | Y | Y | N | | No | N | | LMHC, TF-CTB, Behavioral Specialist | Y | |
| Lewis<br>Thurston | Virginia Cailleteau, LICSW<br>Horses Guiding Humans | (253) 257-9137 | 1107 Eastside St SE Suite H<br>Olympia, WA 98501 | Y | Y | Y | N | | No | N | N | Equine Assisted psycohotherapy, motivational interviewing, cognitive behavioral therapy, solution focused therapy, mindfulness, somatic- aware therapies including Hakomi, trauma informed therapies | Y | Y |
| Pierce | Deborah Lopez, MA, LMHC | 253-732-6414 | 4006 132nd St E<br>Tacoma, WA 98446 | Y | Y | Y | N | | 10:00 - 7:00 pm | N | | Trauma Focused, Complex Trauma, Systems, Solution-Focused | Y | N |
| Skagit | H Roksan Biktimir, Ph.D.<br>Northsound Counseling | 360-929-0180 | 720 Main Street, Suite 224<br>Mount Vernon, WA 98273 | Y | Y | Y | N | | No | N | Y | Licensed Mental Health Counselor | Y | Y |
| Skagit<br>Island<br>Whatcom | Bridget C. Cantrell, Ph.D.<br>Cantrell Counseling, Inc.<br>www.bridgetcantrell.com | 360-714-1525 | 1050 Larrabee Avenue, Suite 104, PMB 714<br>Bellingham, WA 98225<br>(offices in Mt. Vernon & Whidbey Island) | Y | Y | Y | N | | Some later appointments available in Bellingham | N | Y<br>Daughter | Military, Veterans and their families, Civilians, PTSD, Trauma Recovery, CBT, psycho-education, goal setting. | Y | Y |

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| Snohomish | H Roksan Biktimir, Ph.D.<br>NW Happiness Institute | 800-498-4122<br>ext 701 | PO Box 3645<br>315 N Olympic Ave<br>Arlington, WA 98223 | Y | Y | Y | N | | No | N | Y | Licensed Mental Health Counselor | Y | Y |
| Thurston | Virginia Cailleteau, LICSW<br>Evenstar Counseling | 253-257-9137 | 1107 Eastside St SE Suite H<br>Olympia, WA 98501 | Y | Y | N | N | | No | N | N | Somatic-based therapies including Hakomi, motivational interviewing, mindfulness, trauma informed therapies | Y | Y |